

#### **HOLIDAY CLOSINGS:**

Thursday November 23rd, for Thanksgiving Monday December 25th, for Christmas Day. Monday January 1st, for New Years Day.

# The Long Shot

By: Mike F. | Bonner Springs, Kansas | July 2003

One evening not long ago, I was sitting in my garage, enjoying a cup of coffee. as the sun went down. I was reflecting on the topic of the meeting I'd attended earlier in the day. The topic was "change." I was going over in my mind a long list of changes in my life over the past year. The fact that I was sitting there peacefully, enjoying watching a long line of geese flying across the horizon, was a drastic change. A year ago, I never would have thought that I'd be sitting somewhere reflecting on an AA meeting.

Over the past few years, God has been teaching me how to be still and enjoy the moment. After a little stay at the state pen for my drug and alcohol use, I've learned to enjoy peace and quiet. After living in that environment of noise and anger, I cherish these times.

One thing that hadn't changed, though, was my habit of sitting in a spot where I could see outside and no one could see me. I guess some of that old nature is still there. This time it worked out because I was undetected by some kids across the street playing basketball. I'd seen two of the boys playing football earlier in the fall; they were about ten years old. There was also a little boy of about three years. I knew he was the younger brother of one of the older boys because I'd seen his mom and dad carrying him in and out of the house. So I was probably seeing one of his first trips outside to play ball with his big brother.

The two older boys were busy playing a game of One on One, while the younger boy bounced his own ball and ran up to the goal and stopped and looked up at the basket. I thought to myself, Boy, I bet that basket looks like a long way up there. After a long look, he let the ball fly, but it didn't go very high. Then it hit the ground and rolled out into the street. Thank God no cars were coming, because he ran right after the ball into the street. I was probably the only one to see the danger he was in because his big brother was busy with his own game, and his mother had probably put him in charge of watching over his little brother.

The sun went down, the boys went inside, the geese flew far away, and again I was left with my thoughts. I started thinking of the Saturday morning meeting coming up. There I went again, thinking about a meeting. What a change. I've heard it said around the tables, "Make yourself go to meetings until you want to go to meetings." I did what they said, which is another change--to do what I'm told--and they were right. I look forward to that Saturday morning meeting every weekend.

That Saturday meeting is my favorite because it's full of old-timers. I once counted over 500 years of total sobriety and hadn't even counted everyone there. There is a lot of wisdom at that meeting, and I listen to every word said. The change in me of finally being quiet and listening to people has brought me great rewards over the past year.

As I thought of these old-timers and all that sobriety--ten years here, twenty years, thirty years there--and then of my six months of uninterrupted sobriety, that little boy came to mind again. I thought of him standing there looking up at that basket and how far away and unreachable it was to him. Then I thought of how far away the years of sobriety accomplished by those old-timers looked to me. Right then, I knew how that little fellow felt.

I related those old-timers to the little guy's older brother, only with one big difference. Those old-timers in my home group don't neglect their responsibility of keeping an eye on me, the way the little boy's big brother did. They are there to help me and keep an eye on me, and to try to stop me when they see me getting ready to run out into a dangerous place. The old-timers in my group aren't just interested in their own little game. They don't play One on One. They play One for All. And I, for one, am so glad they are there.

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Visit our website at: www.aamilwaukee.com

December 1993

## Gladitude!

By: Bob H. | Long Beach, California

For years I felt a little out of step at meetings when the subject was gratitude. I didn't *feel* grateful--therefore I must not *be* grateful. This began to change recently when a friend suggested I make a gratitude list of *little* things--like having warm blankets and a roof that doesn't leak. I found that making these lists after getting into bed at night helped me wind down and go to sleep. It felt good. It surely *was* nice that the bed was warm and the roof didn't leak. If I woke during the night, this same practice and the good feelings it brought would help me fall back to sleep.

But what about the big things? I still didn't feel grateful. Not in proportion to what God had given me. My lack of true gratitude not only made me feel awkward at meetings, but also awkward with God.

A little progress called out for more. I went to my sponsor and shared the wonderful tip my friend had given me. It was making me feel good. But I still felt a little guilty for not responding properly to God's blessings. He said, "Is there anything you are glad about?" "Well, sure," I told him. "There is lots of stuff I'm glad about, but I'm not grateful. Or not grateful enough."

"Well, if you are glad about something," he said, "then put it on your list and stick with that for awhile. Worry about gratitude later."

Well, that's just what I'm doing. And it works! I'm glad about so much. I am so blessed by all God has made possible in my life. After sharing these insights at a meeting recently, and how glad I was to have them, my friend Ron nodded, then said, "Yes. . . gladitude!"

I like it, Ron. Gladitude! And I'm going to use it.

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December 1993

December 1993

# **Lost in Tokyo**

By: J.H. | FPO San Francisco, California

I woke up this morning remembering Tokyo. Hadn't thought about it for a while, probably because every time I did I'd get a sick feeling--like suddenly I was back in time, back in the middle of a nightmare. This feeling wouldn't last long, fortunately, and when it went away I'd feel pretty good. Which is what happened this morning. It was as if God dropped by and said, Here's something that'll help you remember what you were like before you sobered up and started having fun.

Here is what I remember about Tokyo.

My ship was in Yokohama and I'd been drunk for a week. I never got far: to the foot of the gangway where we kept a cooler full of beer, to the beer and soda machine near the base cafeteria, or to the Stardust Bar just outside the gate. Sometimes in the darkest hours of the night when all the demons within were screaming for release, I'd find the cooler empty and the beer and soda machine empty and the Stardust would be closed. Then the nearest place I

could get a drink was on the other side of the highway overpass, where there was a beer and sake machine. I'd run across and punch in some yen and gulp something down. Sake worked faster although beer was cheaper. But sometimes that machine was empty too, and my panic would be immediate, as immediate as the red light that flashed on the machine next to every choice I made. Empty. Hopeless. . . helpless. . .

But I thought I had control. I thought if for just one day I could get away from the ship I'd be all right. I'd do something that made sense. Sightsee maybe. Buy something for my wife. Eat a decent meal. Get back to the ship at a reasonable time. Get a good night's sleep.

I decided to go to Tokyo. In distance it's not far, a few miles maybe, but unless you're on a bus or in a car you need to take a train. Or two. Depends on where you want to go. Also, you need to understand train stations. I was never good at that, especially in Japan where train stations are often a maze of gates and platforms, entrances and exits, signs and lights and arrows pointing. Easy to get lost. Especially when you're drunk.

I was drunk. Drunk from the night before, drunk from all the days since the ship pulled in, drunk from the drinks I had needed that morning to carry me to Tokyo. I got lost in the Yokohama train stations, lost in several stations in Tokyo, lost when I found a restaurant, and lost on my return to Yokohama. I never went sight-seeing, never bought anything for my wife, and the only reason I went into a restaurant was because I could drink there. Did I get back to the ship at a reasonable time? I don't remember. I don't remember anything really--except the feelings of helplessness and terrible anxiety, the living nightmare that made the worst dreams I ever had pale by comparison.

To be lost in Tokyo is no big deal. It can happen to any visitor. Most people simply find their way to familiar ground, but for me it was a time of mental collapse. I was incapable of rational thought; I sensed only the incessant cry that raged inside me, over and over again: where can I get a drink, where can I get a drink, I have to have a drink to stay in control. And insane and helpless as I was, the drinks I got drove me further out of control. It was a dreadful time. I didn't go to jail that day or miss my ship or lose my job or do anything I could later mark as the moment of self-discovery. It was simply another day of another drunk. But I remembered it this morning, and in the remembering I was blessed with a unique perception—how terrible those days were, and how my sobriety today is the most extraordinary gift I'll ever have.

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December 1993

April 1983

## A Rush of Gratitude

By: M. B. | Minneapolis, Minnesota

**HOW OFTEN** I used to listen with, envy to the words "having had a spiritual awakening . . . , " as others told of their new spiritual lives! For me, there appeared no magical awakening, just a gradual lessening of anxiety and a little self-respect after several years in the program.

(RUSH, Continued on page 3)

(RUSH, Continued from page 2)

Don't get me wrong--those little changes were most welcome. They were a significant improvement over the self-loathing, nervous twit I was in during my drinking years--but hardly something so grand as to warrant the label "spiritual awakening."

So I continued to attend my meetings and listened with awe and resignation as my sisters and brothers pronounced their Twelfth Step revelations. I hoped some of it might rub off, but no such luck. Oh, it wasn't a total loss. I was sober. My life continued to improve. I made some friends, solved some long-standing problems, and developed a positive credit rating for the first in my adult life. But no thunderbolts or lightning, no Twelfth Step fireworks, no parting of the clouds, and no trumpeting heralds to signal a new spiritual awareness.

And so it went until one day when, as I completed a particularly difficult task, I felt tears fill my eyes and I heard myself muttering to no one in particular, "Thank you, thank you, thank you." The experience left me feeling cleansed and peaceful. As I reflected on it later, I wrote it off as bizarre--probably the reaction to some severe stress. But it happened again shortly after that: tears, mumbled thank-yous, and an exquisite feeling of peace and completeness. Thinking I might be cracking up, I called my sponsor. His response was laughter. "Cracking up?" he chuckled. "You've never been healthier, you meathead. You've finally experienced *gratitude*."

And so I did--for the first time in my life, I experienced gratitude. Never in my drinking years had I ever known this wonderful feeling. In those sick days, the most I could ever feel was relief if something bad didn't happen or I didn't get caught doing something destructive.

Now, I've got a brand-new feeling, gratitude--a feeling that has visited me more and more frequently--sometimes with the rush of cleansing tears--sometimes with just a serene flow of mental thank-yous for some small, God-given bonus in a routine day--sometimes with an overwhelming sense of thankfulness when one of my children does or says something touching or special-sometimes (often!) when I reflect on the beautiful new life and wonderful partner-spouse that AA has given me.

So for me, a "spiritual awakening" has become synonymous with the emergence of a brand-new feeling--gratitude.

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March 1973

# The Seven of Us

By: C. H. | Fairfield, Connecticut
Fate weaves a web of days for each of us

**THERE WERE** seven of us, and together we could lick the world. We laughed and drank our way through college and those early great years when some dreamed, some worked, some played--and we did a little of each, none of them well.

Don had a "nervous breakdown," went to Sweden for a while, and currently is in an institution.

Warren went the ulcer route and now, between binges, lives pre-

cariously on milk and his own blood.

Dave was cursed with a rich father and, as far as I know, still is drinking. But that's all he's doing.

John simply disappeared, was last seen standing in line on the Bowery for another one-day skid-row job.

Bill, as soon as the gang broke up, quickly reduced his drinking to normal and today lives happily with his wife, their kids, and an occasional drink.

I just got word that Sterling smashed into four parked ears at eighty mph and killed himself.

I am in AA, one saved out of six alcoholics in a merry group of seven.

Why?

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March 1973

March 1973

# **Closed Meetings Are to Grow on**

By: Father Jim F. | Queens, New York

**WE COUL**D do without one AA saying: "If you don't like what you hear at this meeting, leave it here." With these words, many a closed meeting used to go blithely down the drain for me, until I began to ask myself this simple question: "Why am I bothered by what the speaker or the other people have said?"

The answer came back in short, bald words: "Because they have hit home. You have some homework to do." My smug contentment soon evaporated, and I began to take a fresh look at what I should be doing during closed meetings. I must be working on myself--on my attitudes and perceptions of God, self, other people, and my life situation.

Now, instead of being annoyed when someone strikes a vital nerve, I welcome it. I have found the meeting at which this happens to be just that much more profitable. And now I am bugged when the speaker tells me to leave any troubling words at the meeting hall.

I think that speakers at closed meetings *should* make it hard and unpleasant for those with some reasonable length of sobriety to get off the hook of facing themselves. We may no longer have an active drinking problem, but we all certainly have an active thinking problem. We should be willing to grow up.

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March 1973

March 1963

## **Woman on Skid Row**

By: V.H. | Daytona Beach, Florida

She tried to help two others--and saved herself

MAYBE I drank for a longer period of time than a lot of women. I
had started young and, as I look back, it was a problem from the
beginning, but of course I did not recognize it as such. It was many,

(SKID ROW, Continued on page 4)

many years later that I found myself in the skid row of the city where I was born, alone, friendless, homeless, desolate and without direction. The pitfalls that occurred along the way are too numerous to mention. But I once had all the things that a woman desires--a fine home and a good husband, every potential for a happy future. Then the bottle became more important to me than everything that makes life worth while.

It was while I was existing on skid row that I found this wonderful new life, and in the most mysterious way. I had two women acquaintances I felt sorry for, inasmuch as they seemed to have lost their grip on living entirely, whereas I was still able to sober up and work on a temporary basis between episodes. In these sober periods I would seek the two women out in the bars to see if they needed food or money, which was generally the case. I felt somehow that they should be helped. There must have been a certain kinship there; perhaps unconsciously I knew I was like them.

At any rate, on this occasion when I looked them up I had been physically dry for about two months. They were in very bad shape, obviously in need of some form of rehabilitation. In desperation, I asked the waitress at the restaurant where I took them to eat what if anything could be done about them. She whispered in my ear, very secretly, that I could take them to AA. I asked what AA was. She told me it was a place where they teach you to drink normally. In the early days there were not as many meetings as there are now, but I called the club room and learned that there was one that night. My two friends condescended to agree to go with me. I really felt like a guardian angel as I swept my two charges under my wing to that meeting, and what I hoped would be, for them, a release from bondage. The miracle of AA! I no longer know what the rest of the program consisted of that night. But I heard a woman tell her story. I will never forget her. When it was over I was so transformed with what I had heard that I declared aloud: "I am an alcoholic." Every pair of eyes in that audience was suddenly focused on me. Needless to say, after the meeting I was surrounded. Thank God I didn't take the attitude that as long as I was sober now I didn't need AA and would come back when I drank again. Thank God also that instead I took the attitude that if I accepted the program now I would not have to go through another nightmare. And accept the program I did, as if it had been made to order. So it was I who found release from bondage, from fear, anxiety and loneliness, through the God of my understanding. I have a partnership now with a sure winner. What a wonderful feeling to know where I have been and where I am going. My prayers are that I will grow spiritually in the knowledge that I can accept what I cannot change, that all things are working through me for my highest good. And I pray that the thousands who are now suffering from this same disease may see the many opportunities ahead for them if they will but yield a little, and join this Fellowship.

And what of my two friends whom I shepherded to that meeting so long ago so that they could be taught to drink "normally"? What release did they find? The Book tells us there are two roads that alcoholism unchecked will eventually lead us to--the grave or insanity. One of my friends is now in an institution if she is still alive. The other was found dead from malnutrition and alcoholism in a skid row doorway. I have just celebrated my

fifteenth year in AA--(5478 twenty-four-hour periods). Is it any wonder that my heart is so full of gratitude this beautiful day?

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March 1963

September 1963

# My Name Is...Billie

By: B. B. | Dobbs Ferry, New York

MY name is Billie and I am a gal alcoholic. Mine is a tale with many hills and valleys. My drinking started, you might say, at my father's table. Being a Frenchman, he had wine at table and I was allowed a glass at meals. This was the beginning and the end of my "social" drinking.

My party drinking started in my teens; in fact I wouldn't go to a party unless I could drink. My father, whom I adored, had passed away and Mother had no control over me. I earned my own way (I was a dancer) so therefore was independent. My career in show business was a long drag uphill and when I arrived on top I got drunk and because of my drinking went downhill and out of the business--but fast! I had a high school diploma, so with this in hand I was going to become a "noble character." Character I became, although *not* a noble one. Two and a half years later I was asked to leave the hospital I had entered for nurse's training. Why? I drank, and always at the wrong time.

What next? Marriage. I was fortunate in that I found someone who loved me as much as I did him and he could afford me. Life for awhile was a bowl of cherries--parties, parties and parties. Up and down the Eastern seaboard we traveled or, I should say, he traveled. I staggered. He thought I was cute and even bragged of his baby-doll's capacity. I did all I could to give him something to brag about.

Then fate stepped in and I was sent to the hills of New Hampshire to "await." I fitted in there like a square peg in a round hole but anyway my drinking did quiet down a bit. A beautiful baby boy was born. My mother was there to take the responsibility. I was too busy--off drinking mostly. At this point I drank between drunks. Full moon or rainy days I had to go to town (I did take my heavy drinking away from home).

In good time I had two daughters born to me. They were beautiful and healthy in spite of me. My sister came to live with me and help my mother with my responsibilities. There was also a hired woman, so that I could be free to go when I wanted to.

My Navy husband was killed in March, 1942, and I chose not to believe the piece of paper that brought me the news. I wanted to believe that it was a mistake, so I used the only eraser I had--a bottle. I drank around the house some and waited for news of the mistake. My mother suggested I go to Boston to attend some business there. I did, but the only business I attended to was that of lifting my elbow. I remained in a stupor until I received a telegram to come home at once. In a real foggy state I went. What had been my home had burned to the ground. They told me that when the ashes were cool enough they would remove the remains of my mother and three children. My hate for people started on that horrible day. My faith in God was gone

(BILLIE, Continued on page 5)

November 1953

and it was years before I could cry again. I remained more or less in a drunken stupor from April to November, 1942, when I found myself in the medics in service. This was another form of escape. I really hoped to be killed. My last year of service found me experiencing blackouts and my *fears* began. Fear of what? I don't know except of the unknown. I came out of service and really went to the toboggan ride.

Back in New York City again I married a stranger and blamed him for my degradation. It wasn't him at all, of course--just me and the bottle. Once I tried to straighten out and go back to work. That was when I really discovered I was hooked by the bottle just as an addict is hooked by the needle. I had tried to go back to nursing and because of my behavior I was stripped of the right to ever practice as a nurse again. That night was my first attempt at suicide. I was to try to take my own life two more times. I got acquainted with the lock-up. I've been mugged and fingerprinted. How low can you get?

I went further, and my last drunk I don't ever want to forget. As long as I remember the unadulterated Hell I was in, it's a guarantee I'll not take a drink *today*. On my last drunk, my home was on a dirty stoop of an empty loft building way downtown. The "things" were with me, I heard them. I saw them. Someone came along and took me off that stoop and took me to the municipal home for women. There were more and worse horrors but that was the end of my drinking.

My material goods were the clothes I had on. Friends, none; self-respect, none; weight, 85 lbs. and absolutely no faith in God or man. This was very poor material to work with but AA made me whole again. I really came to my first meeting with the thought that maybe the people could help me enough to die sane. That was in October, 1947.

It was a long hard road back to eating, sleeping and trying to think like a normal person, but I had many helping hands to hold on to. Oh, those wonderful people! They guided me every inch of the way step by step. I used the words "change the things I can" and I changed my marital status. I got a job as a hospital aide and worked as such, went to meetings every night and finally decided to remarry. Whom did I pick? An active alcoholic, of course. On telling him about myself, I broke down and cried and that night and the following night at meetings I felt and knew there was a Presence there. I had really come back home. My fears have been replaced by faith, my hate has turned to love for my fellowmen. I pray for a knowledge of "Thy will not mine." I know it was His will when I was accepted back into my profession. I am now a practicing R.N. working with two wonderful doctors who understand. My husband has been a member (in good standing) of AA since January, 1950.

How can anyone speak--much less write--of the gratitude a person like me can feel? I do know that I was lost to myself and the world and God. AA found me and brought me back.

God bless you all.

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### **From the Grass Roots**

By: Z. V. S. | Des Moines, Iowa

#### SECOND THOUGHTS ON A SECOND BIRTHDAY

I thought I took all the Twelve Steps at once, and how my halo glistened and how righteous I was. Last summer, a year after I joined AA, I took my first inventory. I was again in New York and had a lot of time to think, and also after a year without drinking, I had the ability to think. I decided to my consternation that I had been a complete phony all my life; reality had never been good enough for me. Everything had to be stepped up for me; everything had to be a ball, and the liquor was a great stepper-upper for awhile. I had three problems to lick: alcoholism, insane extravagance, and intense emotionalism--all a part of the same picture.

With my second birthday in AA just passed, I feel that I have taken a good whack at these problems. But I am not through; Oh, no, brothers and sisters. I am just beginning to grow into the AA way of life. We are taking the steps over, one by one, for the new members, because the group has grown so rapidly, and I am just now really grasping their import.

I only wish that the woman who wrote, "Are Women the Orphans of AA?" (*April, 1953*) could know this wonderful group of men and women whom I see every Monday, their kindness and patience, their infinite understanding and wisdom.

And then of course there is "God." We speak of him often in our group, and as a gentle and compassionate protector and friend. We all know he had his arms around us or we would not be here today. I think now I have, at long last, learned how to pray. A small crisis arose in my life recently and I was frightened and unsure.

I simply went into a room alone, dropped to my knees and humbly put my hand in "His." I didn't demand things from "Him" anymore. I just asked "Him" to be with me.

After the successful conclusion of my small miracle, I could hardly wait to be alone to give thanks. It is a long road; it is not easy, but when you begin to grow into AA with the help of our twenty -four-hour plan of life, it is more than worth it. There is a sharp sweetness in life, a glory of accomplishment that you have never known before. And if you really in your heart want to escape from being among the "living dead," there will be small miracles all along that road to help you on your way. That I promise you, because after you are in AA you are never, thereafter, alone.

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November 1953



#### 3 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions." Tradition Seven, Twelve Steps and Twelve Traditions,

Reprinted with permission AA World Services, Inc. Seventh Tradition Checklist

*Use* <u>VENMO</u> on your smartphone to contribute.



Or Contribute using **PayPal** or your **Credit Card** from our website.

#### **MILW. CENTRAL OFFICE**

- E-mail us at: dan@aamilwaukee.comHours:
  - M F 9 a.m. to 4:30 p.m. Sat. 9 a.m. 12 p.m.
- Board of Directors
   Meeting, in-person.
   Wednesday following 2<sup>nd</sup>
   Tuesday (odd months)
   6:30 p.
- A. A. Meetings, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting, 4th Wed. at 7 p.m.
- Dist. 16, monthly meeting 1st Thursday at 6:00 p.m.

# Spanish Speaking Meetings: Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St.
   Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

#### SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

#### Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your <u>Central Office</u>. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our <u>CONTRIBUTE</u> button on our website: <u>aamilwaukee.com</u> or use our your <u>VENMO app</u> from your smartphone.

#### Meeting Space Currently Available

- <u>DryHootch, 4801 W National Ave.</u> Space available various time of day and evening. Call Otis W. <u>414-336-6576</u>
- •West Allis Senior Center, 7001 W National Ave, West Allis WI. Call Shanon at 414-302-8717.
- •<u>Luther Memorial Church</u>, 2840 S 84th St. West Allis WI. Contact by email: <a href="mailto:prviviane28@outlook.com">prviviane28@outlook.com</a>
- •St Peter's Episcopal Church, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: <a href="mailto:christume1@sbcglobal.net">christume1@sbcglobal.net</a>
- Anchor Covenant Church 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

#### Redemptorist Retreat Cen-

ter, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email:

#### rrc@redemptoristretreat.org

Please call for information and schedule of retreats for recovering people. AA and Al-Anon, \$250 three nights. We discuss the 12 steps and related topics.

# 2023 Weekend Retreats Jesuit Retreat House,

4800 Fahrnwald Rd. Oshkosh, WI. WI 54901, call 800-962-7330 jesuitretreathouse.org

# Men and Women in AA, Al-Anon

Total cost: 4 days \$390.00. Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

The <u>Southern Wisconsin Deaf</u>
<u>Access Committee</u> needs to rotate it's members. We are searching for two AA members to act as Co-Chairs, a treasure, and a liaison person to work with Members of AA Deaf community. They can email SWDAC at: <u>Southern-WIDeafAccess@gmail.com</u>

# Southern Wisconsin Deaf Access Committee (SWDAC) 2023

JANUARY thru DECEMBER 2022
Beginning Balance \$6,210.62
Contributions: \$8,013.17
Interpreters: \$4,120.00

\*\*ENDING BALANCE: \$ 10,103.79
The cost for an interpreter is \$50 for a zoom meeting and \$80 for an in-person meeting. Contact Anthony S. with ques-

tions: Anthony.Scott.0615@gmail.com VENMO Contributions: www.venmo.com/

SWDAC

Southern Wisconsin AA Deaf Access Committee
P.O. Box 1982
Waukesha, WI 53186
District Number:\_\_\_\_\_
Group Name:

Donation:\_\_\_\_\_
Individuals may contribute as well.

VENMO Contributions: www.venmo.com/SWDAC

# DISTRICT MEETINGS

# CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

https://www.area75.org/page/districtmeetings

Jackson, LaCrosse, Monroe, Vernon & Trempealeau;
 & 18 Green Lake & Marquette Counties & part of Waushara;
 Kenosha;
 Racine County;
 Crawford, Grant, Iowa and LaFayette;
 & 37. Richland & Sauk;
 Q1 & 26 Dane;
 Columbia County;
 Green;
 Juneau County.

(Check the web address above for meeting info.)

- **3. MANITOWOC & SHEBOYGAN CNTY'S:** 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc
- **6. WALWORTH CNTY:** 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan
- **10.Spanish District.** Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.
- **11. JEFFERSON CNTY:** Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,
- **12. WASHINGTON CNTY:** 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln,, Jackson, WI. 53037
- 13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha
- **14. MILWAUKEE CNTY:** 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214
- **16. MILWAUKEE CNTY:** 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214
- 23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142
- **24. OZAUKEE CNTY:** 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.
- **25. FOND du LAC CNTY:** 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.
- **27. MILWAUKEE CNTY:** 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is 824 0616 9567 the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.
- **28. MILWAUKEE CNTY:** 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.
- **29. MILWAUKEE CNTY:** 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227
- **32. & 33 WAUKESHA CNTY:** 4th Tuesday of month, 6:30 p, Meeting ID: 321 751 3275, Passcode: 323232
- **34. WAUKESHA CNTY:** 1st Tuesday of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: <a href="https://us02web.zoom.us/j/6870109941?">https://us02web.zoom.us/j/6870109941?</a>
  <a href="pwd=yVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09">pwd=yVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09</a>
- **36. RACINE/KENOSHA:** 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington
- **38. MILWAUKEE CNTY:** Last Sunday of month 4:0 0 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

#### SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, <a href="mailto:dan@aamilwaukee.com">dan@aamilwaukee.com</a>

# Area 75, Southern WI, Calendar of Events 2023 All meeting held virtually until further notice

 Zoom Meeting Contact Area Chair: Andrew I. chair@area75.org

Conference Assembly 10/21/23

In-person meetings have started back up in the Area corrections facilities. Contact Michelle, Area Corrections Chair by email; <a href="mailto:corrections@area75.org">corrections@area75.org</a> for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Emily J. at 262-364-7275 or email: mccccoordinator@gmail.com

- TAYCHEEDAH CORRECTIONAL, Fond du Lac, WI 54937
- OAK HILL CORRECTIONAL INSTITUTION: 5212 County Road M, Fitchburg, WI 53575
- WAUPUN CORRECTIONAL INSTITUTION, Waupun WI
- FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933
- JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI,
- RACINE CORRECTIONAL INSTITUTION for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- FEDERAL CORRECTIONAL Satellite Camp, Oxford, WI.
- THOMPSON FARM, RT. 2 DEERFIELD, WI.,
- ROBERT ELLSWORTH CORRECTIONAL, Union Grove, 53182
- KETTLE MORAINE CORRECTIONAL., Forrest Dr., Plymouth,
- MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI. Emily J. by Email: <a href="mailto:mccccoordinator@gmail.com">mccccoordinator@gmail.com</a>
- MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Emily J. by Email: mccccoordinator@gmail.com
- MILWAUKEE SECURE DETENTION, 1015 N. 10th St. Emily J. by Email: <a href="mailto:mccccoordinator@gmail.com">mccccoordinator@gmail.com</a>.
- MILWAUKEE WOMEN'S CORRECTIONAL CENTER, 615 W Keefe Ave. Emily J. by Email: <a href="mailto:mccccoordinator@gmail.com">mccccoordinator@gmail.com</a>

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Emily J. at 262-364-7275 or email: mccccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mccccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

#### ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 <a href="mailwaukee.com">gmco@aamilwaukee.com</a>

- Area 75 Treasurer: PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 <u>Corrections</u>, <u>Bridging the Gap</u> or <u>Treatment</u> write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- Southern Wisconsin Deaf Access Committee:
   Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

# MEETING ROOMS

NEW DAY CLUB 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE . 8:00 a. Topic 11:00 a. Topic

5:00 p. Young People 7:30 p. Topic Mon.12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp

Tue. 10:00 a. Topic 5:30 p. Big Book 7:00 p. Beginners Gp 8:00 p. Big Book Gp Wed.10:00 a. Topic

2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp

5:30 p. Topic Meeting 10:00 a. Topic Meeting Fri. 5:30 p. Step/Tradition 8:00 p.

10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People

8:00 p. Open Meeting (held on 3rd Saturday of month only) AL-ANON MEETINGS

6:30 p. Al-Anon 1:00 p. Al-Anon/ACOA 7:00 p. ACOA Tuesday Wednesday Thursday 7:00 p. Al-Anon Contact club for information on other PASS IT ON CLUB

Milwaukee WI (414) 541-6923 A.A. MEETING SCHEDULE

8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today' choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers 7:30 a Jumn Start

10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA 7:30 a. Comir Back Gp 10:30 a. Keep It Simple

4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O 7:30 a. Big Book Study 10:30 a. Pass It On

4:00 p. Happy Hr Promises 6:15 p. Courage to Change 7:00 p. We. Us & Ours 7:30 a. Welcome Back Gp 10:30 a. Made Decision

5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp 7:30 a. Honesty Gp. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff

6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird

10:30 a. Happy Joyous Free 7:00 p. Viajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs 8:00 p. Back to Basics 12x12

N60 W 35878 Lake Dr

Oconomowoc, WI (262) 567-9912

A.A. MEETING SCHEDULE

8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday 9:00 a. Positive Attitude 6:30 p. Otter Gp

8:00 p. Step/Tradition Study 1:00 p

4:00 p. 7:00 p. Life House Beginners 10:00 a. Back To Basics

2:00 p. Women's Meeting 6:00 p. 8:00 p. 10:00 a

5:00 p. Woman's Way 12 Steps 6:00 p. Hybrid Meditation Mtng Zoom ID: 89239303536, PW: 999525

8:00 p. Grapevine Mtng 12:30 p. 4:00 p.

8:00 p. Old School House 10:00 a. Big Book

OPEN AA/Al-Anon

SPEAKER MEETING
Sat. 7:00 p. 2<sup>nd</sup> & 4<sup>th</sup> Saturdays
(AA and/or Al-Anon Speakers)

AL-ANON MEETINGS

7:00 p. Al-Anon 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen **WAUKESHA ALANO CLUB** 

318 W. Broadway Waukesha, WI, 262-549-6541

http://alanoclubofwaukesha.com/

(IP)=In-person,

Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP)

Mon. 12:00 p. (IP)

6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)

Tue.

12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP)

Thr. 12:00 p. Nooners (IP) 12:00 p. T.G.I.F. Gp (IP) Fri.

6:30 p. Half Measurers (IP) 6:00 a. Early Morning (IP) Sat. 10:00 a. Gp 124 (IP)

> OPEN MEETINGS. **DANCES & EVENTS** Call for information.

**GALANO CLUB** 

LGBT & All in Recovery 7210 W Greenfield Ave LL Milwaukee, WI 53214,414-276-6936 http://www.galanoclub.org/

(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/ Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#

**Sunday:** (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m . - Al-Anon -Papillion Group (In-person)

Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)

**Tuesday:** (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)

**Thursday:** (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video

Friday: (V & IP) 10:30 a.m. AA Step & Topic

Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (In-person/Phone/video) The Galano Club is open one half hour

before the scheduled meetings.

**NORTHWEST AREA** ALANO ASSOCIATION\*

N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone)

Room 202

A.A. MEETING SCHEDULE

(V)=Virtual, (IP)=In-person, (V & IP)=Both 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202

7:00 p. Just Do It Gp Rm 202 Mon.

10:00 a. Step 8:00 p. Topic

7:00 p. Step/Topic Wed.

10:00 a. Step 6:00 p. Women's

8:00 p. Step/Topic (V & IP) Fri. 5:30 p. Code 3 Mtng Rm 202

Sat. 10:00 a. Sat Serenity Gp

7:00 p. Simply Sober Gp Rm 202

AL-ANON MEETINGS

Wed. 7:00 p. Al-Anon 7:30 p. Al-Anon

\*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups, Contact the Northwest Alano Club by mail.

WALWORTH **COUNTY ALANO CLUB** 

611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115. (262) 740-1888

Sunday AA

10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion

Monday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting

Tuesday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic

Wednesday AA

7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp. 6:30 p. Delavan IT Meeting

Thursday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp 6:30 p. Delavan Big Book Gp.

Friday AA

7:30 a. Sunny Side Up 12:00 p. Big Book Study

6:30 p. Delavan Discussion

Saturday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Beginners Gp. ALANO CLUB 1521 N. Prospect Ave.,

Milwaukee, WI, 53202 (414) 278-9102 http://www.mkealanoclub.org/

A.A. MEETING SCHEDULE

7:00 a. AA Meeting 10:00 a. Gp 17 Step Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic

12:15 p. Big Book Meeting 6:30 p. Gp 40 Big Book 7:00 a. As Bill Sees It.

10:30 a. Gp 70 Step 12:15 p. Gp 76 6:00 p. Transbenderz AA Mtng 7:00 p. Beginner's Meeting

Wed. 7:00 a. AA

10:30 a. Gp 9, Step 12:15 p. Oasis Topic Gp 6:00 p. Chicks at Six Gp, women, Child Care available

7:30 p. We Agnostics 7:00 a. Big Book Meeting 10:30 a. Gp 97, Step 12:15 p. Here & Now Gp 7:00 p. AA (LGBT) All Welcome

7:00 a. Daily Reflections 10:30 a. Gp 21. Step . 12:15 p. Gp 65 6:30 p. Here & Now 7:30 p. Men's Zoom Meeting

12:15 am. Second Shifters (Sat.) 7:00 a. AA Meeting 11:00 a. Gp 87 Step

Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB 8930 W. National Ave

West Allis, (414) 543-2448 Hours: 9am to 9pm daily.

Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity

7:30 p. Sun. Sober & Serene Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp 10:30 P. What's the Point Gp. Tue. 11:00 a. Willingness Group

6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting Wed.10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom

8:00 p. Promises Group Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going 6:00 a. Early Risers Big Book 11:00 a. Priority Group

6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth

6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat AL-ANON MEETING 8:00 p. HOW To Saturday

**24 HOUR CLUB** 

153 Green Bay Rd. Thiensville, WI

Web and Facebook Info

A.A. MEETING SCHEDULE

8:00 a. Topic 10:00 a. Step/Topic

Mon. 6:30 a. Topic 10:00 a. Topic 8:00 p. Men's

6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book

6:30 a. Topic Wed. 10:00 a. Big Book

6:30 a. Topic 10:00 a. Topic 5:30 p. Step/Topic/Trad 6:30 a. Topic

10:00 a. Step/12 & 12 8:00 p. Step 6:30 a. Topic 8:30 a. Big Book /Steps 10:00 a. Big Book

8:00 p. Open Speaker Mtng. (1<sup>st</sup> Saturday Only)

## In Person AA Groups NEED YOUR SUPPORT

- Sun. 3 p.m. Gratitude Plus, Pass It On Club, 6229 W Forest Home Ave, Milwaukee WI
- Sun. 7 p.m. Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI

• Sun. 7 p.m. Butler Sunday Night, St. Agnes, 12801 W Fair-

- mount St, Butler WI.
- Mon. 7 p.m. Unity Gp, 4600 Pilgrim Rd, Brookfield, WI • Tues. 7 p.m. Gp 43, Friendship Club, 2245 W Fond du Lac Ave Milwaukee WI.
- Wed. 8:00 p.m. Helping Hand, Nativity Lutheran Church, 6905

W Bluemound Rd, Milwaukee WI

- Thur. 12:15 p.m. Jeanette Burnett Gp, St John's Cathedral Complex, 831 N Van Buren, Milwaukee WI
- Thurs. 8:00 p.m. Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- Thurs. 8:30 p.m. Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave,
- Fri. 9:30 p.m. Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw. • Sat. 8 p.m. Gp 18, St Luke's, 3200 S Herman, Bay View, WI
- 8

# MEETING ROOMS

#### **UNITY CLUB**

1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com

#### AA MFFTING SCHEDULF

Sun. 10:30 a.\* Gratitude Gp. 8:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's

Tue. 10:00 a. Tuesday A.M. 7:30 p. Beginner's

Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp Inperson & Zoom: 332602852, pw: 123456

Thr. 10:00 a. Big Book

Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book

Sat. 10:00 a. Here & Now 700 p. Big Book Connection

#### AL-ANON & ALATEEN MTNGS

Saturday 9:00 a. Al-Anon Thursday 7:15 p. Al-Anon

Open Mtng. 3rd Sunday of month

#### FRIENDSHIP CLUB

2245 W. Fond du Lac Ave Milwaukee , WI (414) 931-7033

Email:

friendshipinc@sbcglobal.net

#### AA MEETING SCHEDULE

#### Sunday

10:00 a. Friendship 11:00 a. Third Sunday Open Meeting

#### Monday

10:30 a. Step Gp

Tuesday

7:00 p. Gp 43 Big Book Saturday

10:30 a. Gp 112 Step Call for information on other types of meetings.

Email:

friendshipinc@sbcglobal.net

#### 12 STEP CLUB

4102 W Townsend St. Milwaukee, WI 53216 (414) 871-0610

#### A.A. MEETING SCHEDULE

Saturday: 10:00 a. Beginner's.

Call the club for information on AA meetings, meetings for other fellowships and for special events.

**BEAVER DAM ALANO CLUB** 

115 N Lincoln St.

Beaver Dam WI 53916

Mon: 8 a.m., 6 p.m. & 8 p.m.

Sat: 12 Noon & 7 p.m. Open

Tue: 9:30 a.m. & 7:30 p.m.

Wed: 8 a.m. & 7 p.m.

Fri: 12 Noon & 6 p.m.

Thur: 9:30 a.m. & 8 p.m.

Sun: 10:30 a.m. & 7 p.m.

#### MILWAUKEE GROUP 933 E Center St, Milw WI 53212. A.A. MEETINGS

Sun.

10:00 a In-person 8:30 p. In-Person

Mon. 5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person

Tue. 7:00 p. In-Person 8:30 p. In-Person

Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person

8:30 p. In-Person
Thur. 7:00 p. In-Person
8:30 p. In-Person
Fri. 7:00 p. In-Person

8:30 p. In-Person Sat. 8:30 p. In-Person

#### Milwaukee Central Office

7429 W Greenfield West Allis WI 414-771-9119

A.A. MEETINGS Sun. 9:00 a. Gp 10 Sunday

Mon. 12:15 p. Tue. 12:15 p. Wed. 12:15 p.

Thur. 12:15 p.
Fri. 12:15 p.
Sat. 9:15 a. 1st Step

10:30 a.
We do not meet on major holidays.

#### 1220 Dewey Ave. Waywatosa WI

#### Wauwatosa WI AA MEETINGS Sunday

6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room **Monday** 7:30 p. Laughs/Leisure

Tuesday 6:00 p. 11th Step Meditation

7:30 p. Professionals **Wednesday** 7:30 p. Presidents Hall 8:00 p. "RES-IPSA"

8:00 p. "RES-IPSA" Thursday 7:30 p. Alumni No 12

Friday 7:15 p. Gp 74

Saturday 10:00 a. Gp 59

7:00 p. Great Room

#### All Saint's Cathedral

818 E Juneau Ave. Milw 53202

Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp. Sat: 10:30 a.m. Men's Gp.

#### JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of \$1 for each year of Sobriety- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office" Memo: Birthday Club 7429 W Greenfield Ave



Payment/Contribution: using <u>VENMO</u> or from our website, using <u>Credit Card or PayPal</u>.

Zip

\$\_\_\_\_enclosed.

West Allis WI 53214

I will have \_\_\_\_years on \_\_\_\_/

Name \_\_\_\_ Address

City State

Phone: ( ) -

Email:

Home Group:



Years Name Home Group

37 (11/23) Gordon M. Brown Deer Monday

41 (11/23) Tom L. Friday Night Oak Creek

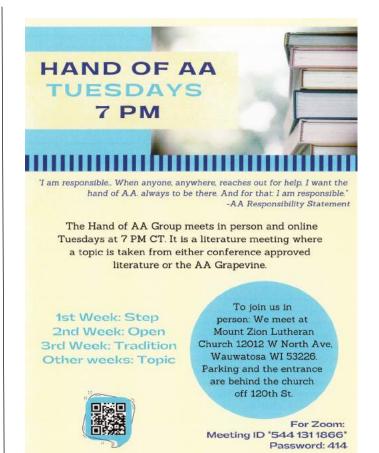




Tuesday nights at 7:30
Holy Trinity Lutheran Church
11709 W. Cleveland Ave., Milwaukee Map

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150. Hope to see you there!!





## Fox Point Group 86: Reaching Out, Join Us on Zoom Monday Evenings.

We are doing a group inventory, looking at ways in which we can be more accessible.

Current members with a wide range of sobriety, join our weekly meetings to discuss topics that impact all people in recovery thus providing a healthy balance for all.

We warmly welcome all genders, sexual preferences, ethnicities, and ages.

We meet on-line with ZOOM Monday Nights at 8:00 and will do so until we resume our "live" meetings at the North Shore Congregational Church in Fox Point.

Stop on by! We open up around 7:45 and begin at 8:00. If you are shy about "Zooming," just come on in and listen. It's Alcoholics *Anonymous*.

You will find a warm welcome to a lively and amiable group living one day at a time.

https://zoom.us/i/8700953588



Or use the QR code to see the web

# Friday Night Couples in Recovery We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet <u>each Friday of the month</u> beginning April 1st and would like couples or singles working any 12 step program to join us

At 7:30 pm









St. Pius Church

2520 N. Wauwatosa Ave. (76<sup>th</sup> St. )

Just north of North Ave.

Click here
for Map

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)

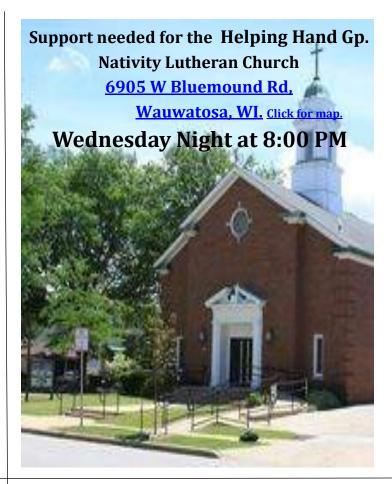
# Brown Deer Monday Night Group Time change:

New start time 7:30 P.M.

(Old time was 8:00 P.M.)
Starting Monday, May 1st, 2023

Location: St. Paul's Lutheran Church 8080 North 47th Street, Brown Deer, WI (Come to Northwest door) Click here for Map directions.

The meeting time for our AA Group is changing. For many years we have had our time from 8PM to 9PM. We will be changing this time to 7:30PM to 8:30PM starting Monday May 1st, 2023.



**Financial News:** Please remember our tradition of <u>self-support.</u> If you wish to contribute to the Central Office, you can now use <u>Venmo</u> from your smartphone.

# @MilwaukeeCentralOffice-AA

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)
If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code To Contribute Using VENMO



